



# Kent & Medway

## GP appointments— Jan 2024

Published February 2024 [NHS digital](#) Population 2,013,471

GP Surgery Appointments

998,612

Appointments with a GP

453,052

Face-to-Face all appointments

72%

Face-to-Face with a GP

60%

**That's the equivalent of 1 in 2 of the population of Kent and Medway having an appointment in General Practice in January 2024.**

### **GP practices teams are working hard why are they so busy?**

- Kent & Medway has the lowest number of GPs per head of population in England.
- Dealing with impact of ongoing secondary care backlog of work
- GPs are seeing a huge rise in mental health conditions
- GPs are supporting patients waiting for hospital care
- GP practices have been delivering covid and flu vaccinations

### **How can you help?**

- Get the right treatment when you need it— Stop, think, choose [www.kentandmedway.icb.nhs.uk/your-health/local-services](http://www.kentandmedway.icb.nhs.uk/your-health/local-services)
- Waiting for hospital treatments—please contact hospitals directly to check waiting times [www.kentandmedway.icb.nhs.uk/your-health/local-services/hospital-waiting-times](http://www.kentandmedway.icb.nhs.uk/your-health/local-services/hospital-waiting-times)
- Please be kind to our staff who are working very hard for you.
- You may not always need to see a GP, receptionists will be able to guide you to access the most appropriate healthcare professional
- **41,300** people did not attend their appointments in January. We would urge anyone who can no longer attend any appointment to cancel them. This allows the practice to use the time to see other patients in need.