

The background of the top half of the page is a photograph of an elderly man with white hair, wearing a blue and white checkered shirt and a green apron. He is smiling and holding a small potted plant with pink flowers. The background is a blurred greenhouse or nursery setting with various plants and flowers.

## Diabetic eye screening is changing

If your last two diabetic eye screens found no sign of diabetic retinopathy, you will now be invited for screening every 2 years. This follows expert advice.

Diabetic eye screening is important as it helps to prevent sight loss. Have regular eye tests and consult your optometrist or optician if you notice changes to your eyesight.

[www.nhs.uk/conditions/diabetic-eye-screening](http://www.nhs.uk/conditions/diabetic-eye-screening)

People eligible for diabetic eye screening who have had two consecutive eye screens showing no signs of diabetic retinopathy will be offered screening every 2 years as it is safe to do so.

This change is based on a recommendation by the UK National Screening Committee (UK NSC) following a large study showing it was safe to invite people in this lower risk group every 2 years.

Extended intervals are already in place in Scotland, Wales and Northern Ireland.  
If someone is concerned about