



**Kent Community Health**  
NHS Foundation Trust

# Public Health

Helping **you** to stay **healthy** and **live longer**.



Visit [www.kentcht.nhs.uk/publichealth](http://www.kentcht.nhs.uk/publichealth)

## Health Visiting Service

Supporting **families** with a **new baby** or **child** under five.



## School Health and Children and Young People's Counselling Services

Supporting **children** and **young people** aged four to 19 to live well.



0800 0113 474

## Immunisation Service

Delivering the **national immunisation programme** to school aged **children** in Kent and Medway.



0300 123 5205



[kchft.cyp-immunisationteam@nhs.net](mailto:kchft.cyp-immunisationteam@nhs.net)





# One You Kent and NHS Health Checks



Supporting you to quit smoking, get more **active**, eat a **healthier** diet or just **feel better** about life.

☎ 0300 123 1220 or  
✉ [oneyou.kent@nhs.net](mailto:oneyou.kent@nhs.net)



## Sexual Health

Supporting **your** sexual health and **wellbeing**.

East Kent (including Swale)

☎ 0300 790 0245  
✉ [kchft.sexualhealthservice@nhs.net](mailto:kchft.sexualhealthservice@nhs.net)

Medway

☎ 0300 123 1678  
✉ [kchft.medwaysexualhealth@nhs.net](mailto:kchft.medwaysexualhealth@nhs.net)

We hold regular listening events to get feedback and support us to develop our services.

If you would like to be involved please email [kentchft.publichealthengagement@nhs.net](mailto:kentchft.publichealthengagement@nhs.net)

## Do you have feedback about our health services?

Phone: 0800 030 4550, 8am to 5pm, Monday to Friday

Text: 07899 903499

Email: [kentchft.PALS@nhs.net](mailto:kentchft.PALS@nhs.net)

Web: [www.kentchft.nhs.uk/PALS](http://www.kentchft.nhs.uk/PALS)

### Patient Advice and Liaison Service (PALS)

Kent Community Health NHS Foundation Trust

Unit J, Concept Court

Shearway Business Park

Folkestone

Kent CT19 4RG

If you need communication support or this leaflet in another format, please ask a member of staff or contact us.



Our values  
Compassionate Aspirational Responsive Excellent